Scholarships and Inter-institutional Cooperation **EEA Financial Mechanism**

Mobility projects
in Higher Education
Incoming and Outgoing
Student and Staff Mobilities
2013-2014





For me, the Norwegian experience was a changing life experience.

In the 4 months I have spent there I have learned how to handle the life by myself, having no parents and friends aid, how to organise myself in some manners like sleeping schedule or spending money. I had also the opportunity to meet people from around the world making friends from USA to Nepal, learning about their traditions and customs, about the way they live and how they learn in their countries. I was part of the parade during Norway National Day in Sandefjord and I had the opportunity to practice and improve my English speaking skills.

Norway is a beautiful country with beautiful people. When I first saw the university I felt like I was in a movie, compared to Romanian Universities, Buskerud and Vestfold University College was from another world. From the modern architecture, the whole building was made of glass, to people, teachers having lunch alongside students and treating students like fellow colleagues, from library, a huge room with a lot of books and stuff needed for learning activity, to technology, laboratories equipped with latest technology.

As I said teachers there were great and the coordinator teacher, Mr. Lasse Berntzen was always helping me when I needed an advice or something else. Also the owner of the company where I made the practical stage, Bjorn Arve Iversen, was kind with me and helped me to learn a lot of new things.



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During my mobility period I met the persons involved in the student exchange in the host university. I also met the research team and we had preliminary discussions about the program and how this can be fruitful for future collaborations.

I learned about the teaching methods used by the host institutions, what they consider to be important in the relations with the students and what they doing to improve the curricula.

The host university has a strong focus on applied technology. A series of labs are used for training the students (programming skills, real-environment trainings) and employees from different companies. There I identified the future collaboratio directions both for students and teachers exchange.

The purpose of the job-shadowing mobility was to exchange good practice in the field of international relations, improve the skills required by the position of an international relations coordinator in a HEI, observe the methods used by the receiving institutions for the increase of the quality of the internationalization process, as well as to enhance inter-institutional collaboration.

We achieved a basis for a future cooperation roadmap in terms of international and institutional partnership.

The results of the mobility and future cooperation opportunities have been shared with department colleagues during subsequent meetings.



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The training has been designed in order to get best practices and methods of teaching distance coursed, of switching the focus from traditional course teaching towards electronic course distribution combined with free discussions on the course subject and project work.

We achieved basis for a future cooperation road-map in terms of research, institutional partnership and joint degrees, a common curricula analysis in order to establish common teaching/research focus, step-by-step organization of the student/professor exchange programme as part of the EEA partnership agreement, a best practices exchange and implementation with the international office at the Faculty of Economics and Business Administration.

The training visit has been very fruitful one helping to provide basis for future cooperation, for future exchange, but also for the best practices application in the international relations activity at the Faculty of Economics and Business Administration, University of Craiova.

Results and future cooperation opportunities have been shared with the department and faculty colleagues during regular meetings, as part of research planning activities, but also in preparing activities for the upcoming scientific and technical – international relations activities. Besides the teaching activities (8 hours), the mobility period included participation in an international event (Foreign Student Day) and visits to a high school and school where students' teaching practice is based, visit to the university library and laboratories.

The joint meetings gave me the opportunity to discuss further possibilities of cooperation: participation in conferences of common interest, exchange of publications, development of other projects in various fields (languages, IT, natural sciences, etc.).



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During my stay in Nesna I had numerous meetings and visits to the campus, of the teaching facilities, library, students and sports facilities. The programme helped me improve my professional qualification in the field of teaching by identifying new tools and practices for a modern approach to the teaching process. The mobility will represent an important contribution to the enhancement of the intercultural background necessary to staff working in an international environment.

All the members of the teaching staff in Nesna, along their students, were very welcoming and helpful while the training programme was very effective and inspiring.

The mobility will support the development of the Department of Anglo-American and German studies by creating a framework for strengthening the cooperation between Nesna University College and the University of Craiova in the field of education and research.

